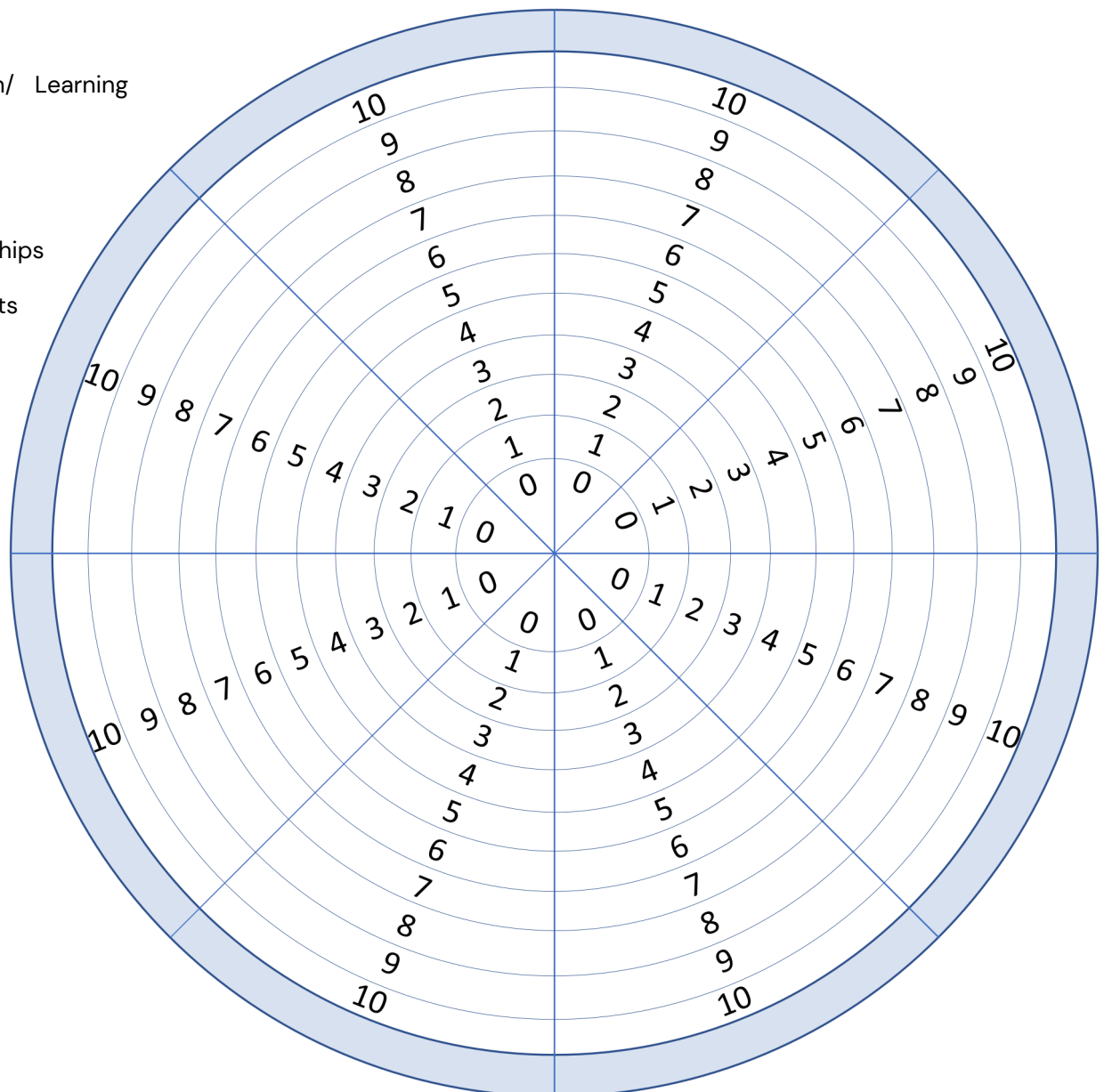


## Guided: – Wheel of .....

This wheel can be anything you want it to be depending on the area you wish to address. This is a great tool to reflect and evaluate where you are at present and where you would like to be or how you would like to feel. This resource is a working document-ongoing and you can go back to it as many times as you like. I have given you some common areas which can be used but like I said, you can change the themes to fit what you want to change, improve or set goals for.

### Examples of lifes elements:

Career/ Work  
 Social life  
 Personal growth/ Learning  
 Health  
 Finance  
 Family Relationships  
 Hobbies/ Interests  
 Spirituality  
 Community  
 Travel  
 Environment



“Looking to discover your journey further?”

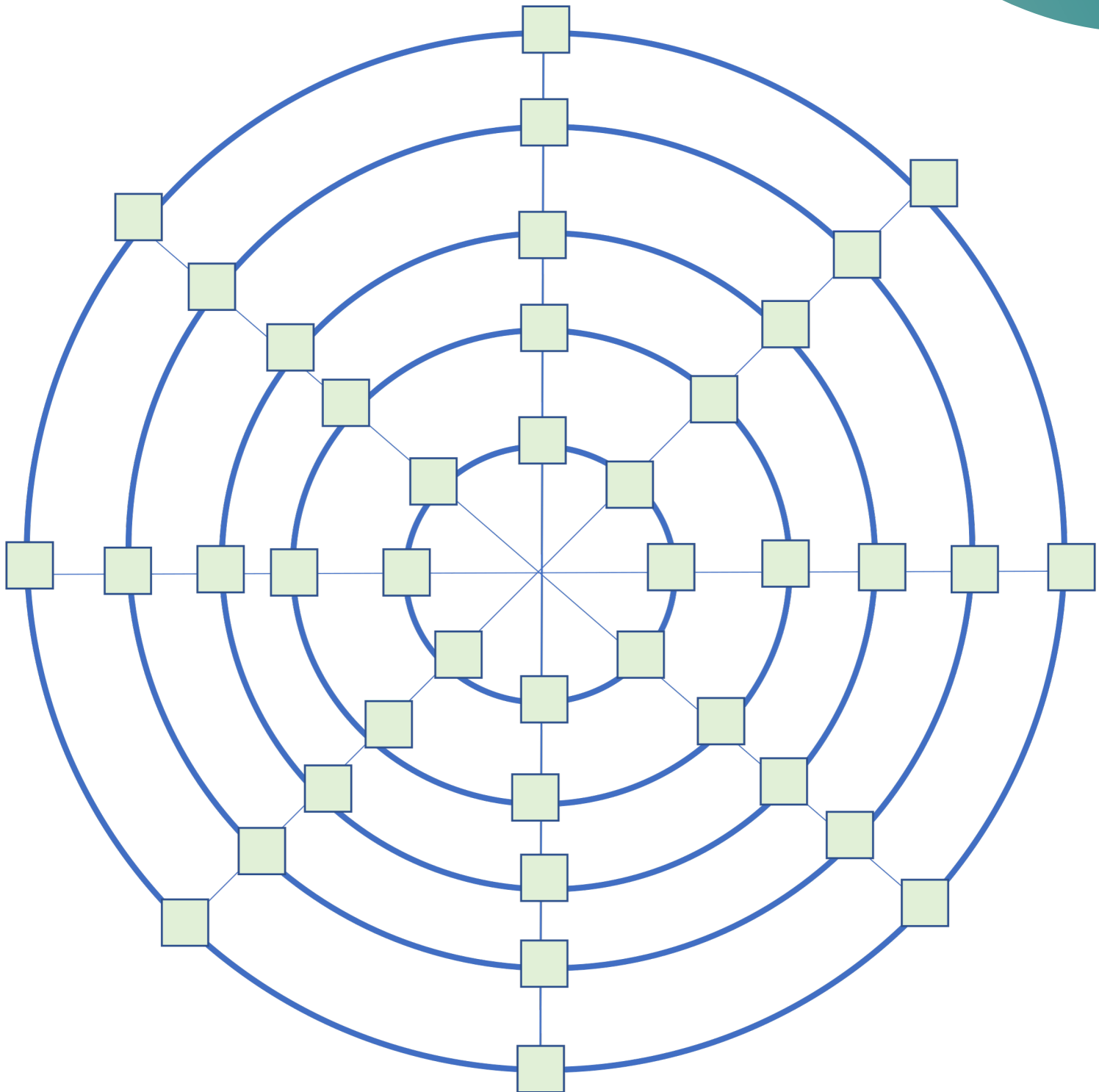


*\*\*\*Should you wish to discuss your wheel in more depth and explore the avenues, then do book a call with me to arrange a coaching session on Your Wheel of ...*

 **Book your initial free consultation:**  
<https://calendly.com/theclarity-coach/15min>

*‘Achieve the life you desire- find & forge your path so you can shine your light’*

# My Wheel of .....



*'Achieve the life you desire- find & forge your path so you can shine your light'*

Things I will START doing to regain balance in my life	Things I will STOP doing, reprioritise or delegate

Strengths	Weaknesses

Actions			
1	2	3	4



*\*\*\* If you want to explore elements of your Wheel in more depth, personal and/or business, then book a call with me to take action, build a stronger you, find out what your barriers are, and together we will achieve your goals.*



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